

# Challenge-trg Skills



## Commercial Training Brochure

Invest in Your Team, Invest in Your Future

2025

# Introduction

*“An accredited training provider offering commercial and fully-funded training solutions to the public and private sector”*

Challenge-trg Skills has been helping people achieve their career ambitions for over 25 years. We pride ourselves on offering a first-class learning experience with outstanding and inspirational teaching and learning to match.

Our programmes are delivered face to face, online, or via a blended approach using our Moodle platform which includes a fully virtual classroom environment, all delivered by our inspirational team of trainers and specialists.

## MAXIMISING Potential

Because we're in the business of working with people across the country, we're in an excellent position to make a true difference.

We have the tools and expertise to enable people to become the best version of themselves, providing them with opportunities to develop, progress and enhance their overall wellbeing.

**Challenge-trg Skills is Ofsted graded.**



“

*Using our scale for good, as operational and strategic lead for the Challenge-trg Skills, we partner with Government, private sector and charitable trusts securing sustainable work, placements and training opportunities for the unemployed, disadvantaged and inactive on a national level.*

”

**Simon Bladon**

Divisional Managing Director  
**Challenge-trg Skills**

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## Get in Touch!

[Click here](#) to complete the form and request a call back from our team.

Or scan the QR code.



# Emergency First Aid

The objective of this qualification is to support learners in becoming emergency first aiders in the workplace.

The content of the qualification meets the Health and Safety Executive (HSE) requirements for training emergency first-aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs assessment.

## Level 3

**Duration:** 1 Day | **Method:** Classroom

**Cost:** £99

£45 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- Introduction to emergency first aid
- Manage an unresponsive casualty breathing and not breathing
- Dealing with choking
- External bleeding
- Shock
- Other Injuries
- Close

## Additional Learning

- Health & Safety (Level 2)
- Health & Safety (Level 3)
- First Aid at Work (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Understand the role and responsibilities of a first aider
- ❖ Be able to assess an incident
- ❖ Be able to provide first aid to an unresponsive casualty
- ❖ Be able to provide first aid to a casualty who is choking
- ❖ Be able to provide first aid to a casualty with external bleeding
- ❖ Know how to provide first aid to a casualty who is in shock
- ❖ Know how to provide first aid to a casualty with minor injuries
- ❖ Understand the use of CPR/AED and when to apply these



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# Paediatric First Aid

This qualification is ideal for businesses caring for children, ensuring staff are trained in paediatric first aid.

The content of the qualification meets the Health and Safety Executive (HSE) requirements for training emergency first-aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs assessment.

## Level 3

**Duration:** 2 Days | **Method:** Classroom

**Cost:** £125

£50 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- The roles and responsibilities of a first-aider
- CPR and AED
- Dealing with shock, burns, scalds, bleeds, and minor injuries
- Assessing an emergency situation safely
- Administering first aid to a choking infant or child
- Dealing with casualties with fractures and spinal or head injuries
- Close

## Additional Learning

- Health & Safety (Level 2)
- Health & Safety (Level 3)
- First Aid at Work (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Gain vital paediatric first aid skills to assist others
- ❖ Manage medical emergencies with confidence
- ❖ Contribute to a safer workplace and community
- ❖ Develop staff competence in paediatric first aid
- ❖ Ensure a safe environment for infants and children
- ❖ Enhance emergency preparedness to protect young people and others
- ❖ Understand the use of CPR/AED and when to apply these



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# First Aid At Work

The objective of this qualification is to support learners in becoming first aiders in the workplace.

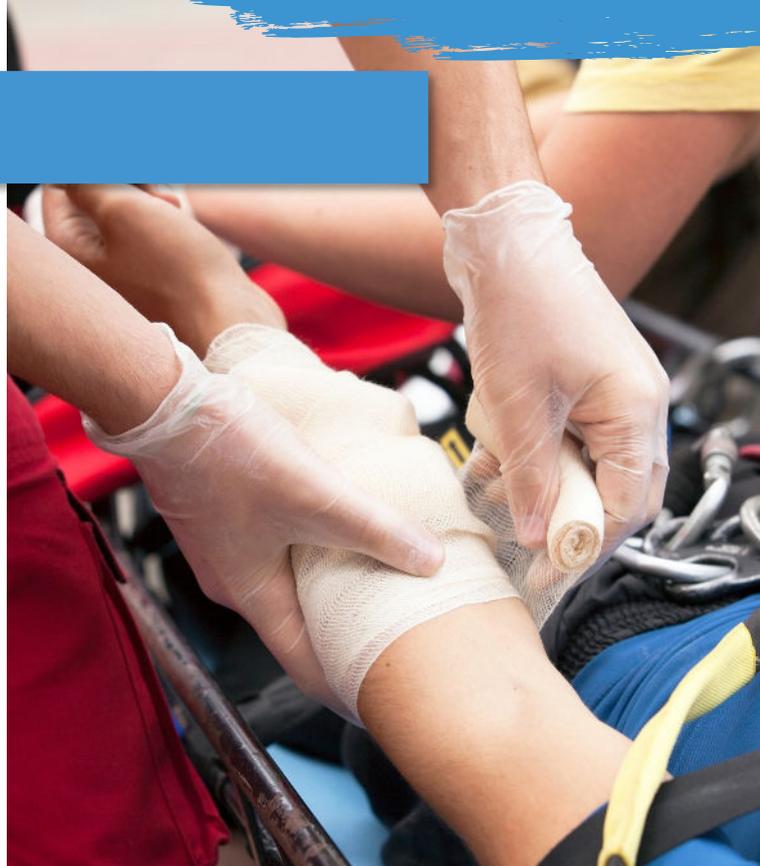
The content of the qualification meets the Health and Safety Executive (HSE) requirements for training first aiders in those organisations that have identified that staff need to be trained to this level within their first-aid needs assessment.

## Level 3

**Duration:** 3 Days | **Method:** Classroom

**Cost:** £199

£100 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- Introduction
- Roles and responsibilities
- Manage an unresponsive casualty breathing and not breathing
- Dealing with choking
- External bleeding
- Shock
- Epilepsy
- Major illnesses
- Other injuries
- Close

## Additional Learning

- Health & Safety (Level 2)
- Health & Safety (Level 3)
- Paediatric First Aid (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Understand the role and responsibilities of a first aider
- ❖ Be able to assess an incident
- ❖ Be able to provide first aid to a casualty who is choking
- ❖ Be able to provide first aid to a casualty with external bleeding
- ❖ Know how to provide first aid to a casualty who is in shock
- ❖ Know how to provide first aid to a casualty with minor injuries
- ❖ Understand the use of CPR/AED and when to apply these



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# Food Safety (Level 2)

The objective of this qualification is to prepare learners for employment as a food handler working in a manufacturing environment, or to support a role in the workplace.

Learners gaining this qualification will know that food safety is the responsibility of everyone involved in the storage, preparation, processing, packing, and handling of food.

## Level 2

**Duration:** 1 Day | **Method:** Classroom

**Cost:** £48.50

£25 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- Introduction to food safety
- Food hazards (Biological, Chemical, Physical, and Allergenic)
- Food poisoning
- HACCP
- Personal hygiene
- Food premises
- Pests and controls
- Cleaning and disinfection
- Food safety law
- Exam
- Close

## Additional Learning

- Health & Safety (Level 2)
- Food Safety (Level 3 - HACCP)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Understand the importance of food handlers keeping themselves clean
- ❖ Understand personal responsibilities for food safety
- ❖ How to keep food safe in a manufacturing environment



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# Food Safety (Level 3 - HACCP)

The objective of this qualification is to support a role in the workplace and give learners personal growth and engagement in learning.

The qualification is designed for learners who wish to progress to higher or supervisory level within a food manufacturing business.

## Level 3

**Duration:** 2 Days | **Method:** Classroom

**Cost:** £225

£120 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- Introduction to food safety
- Food hazards (Biological, Chemical, Physical, and Allergenic)
- Food poisoning
- Personal hygiene
- Food premises and equipment
- Cleaning and disinfection
- Pests and controls
- HACCP
- Supervisory management
- Food safety law
- Exam
- Close

## Additional Learning

- Health & Safety (Level 3)
- Food Safety (Level 4)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Understand the requirements for ensuring compliance with food safety legislation
- ❖ Understand the requirements for ensuring compliance with food safety management procedures
- ❖ Understand the application and monitoring of good practice regarding contamination
- ❖ Understand the application and monitoring of good practice regarding temperature control
- ❖ Understand the application and monitoring of good practice regarding personal hygiene and cleaning



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# Health & Safety at Work (Level 2)

This qualification is designed to provide learners with knowledge of the basic health and safety practices essential in the workplace.

## Level 2

**Duration:** 1 Day | **Method:** Classroom

**Cost:** £48.50

£25 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- Introduction to Health & Safety at Work
- Accidents and ill health
- Health and safety law
- Hazards and Risks within the workplace
- Workplace conditions
- Vehicles at work
- Work equipment
- Workplace procedures
- Revision
- Exam
- Close

## Additional Learning

- Health & Safety (Level 3)
- Risk Assessment (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Understand roles and duties for health, safety and welfare in the workplace
- ❖ Understand the process of risk assessment
- ❖ Understand how risk assessments improve health and safety at work
- ❖ Know the procedures for responding to accidents, near misses, and ill-health in the workplace
- ❖ Understand the use of CPR/AED and when to apply these



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# Health & Safety at Work (Level 3)

The objective of the qualification is to support a role in the workplace and is intended for learners already working in the capacity of supervisor, manager, team leaders or those who are preparing to start work at this level and gives them the knowledge of health and safety.

## Level 3

**Duration:** 3 Days | **Method:** Classroom

**Cost:** £250

£125 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- Introduction to Health & Safety at Work
- Accidents
- Legal aspects
- Management of health and safety
- Risk assessments
- Training
- Monitoring
- Consultation
- Role of the manager
- Exam
- Close

## Additional Learning

- Health & Safety (Level 4)
- Risk Assessment (Level 3)
- Accident Investigation (Level 3)
- NEBOSH (Cert/Dip)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Understand roles and duties for health, safety and welfare in the workplace
- ❖ Understanding the benefits of using a safety management system
- ❖ Understand the principles of risk assessment
- ❖ Understand the risks and control methods for common workplace hazards
- ❖ Understand how to manage the effects of accidents and incidents
- ❖ Understand the use of CPR/AED and when to apply these



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# SIA Door Supervisor

## Inclusive of EFA and ACT Certificates

This course is designed for individuals looking to start or advance their career in the private security industry. As a mandatory qualification for obtaining an SIA licence, this course provides the essential skills and knowledge required to work as a professional door supervisor in various settings, including nightclubs, events, retail, and corporate security.

**Level 2 | Eligibility: 18+**

**Duration: 7 Days inclusive**

**Method: Classroom | Cost: £225**

£100 (non-refundable) deposit required with booking; remainder payable on course day

## Course Overview

- Welcome to Challenge-trg Group
- Laws, licencing, and best practices
- Risk assessments, first aid, and emergency response
- De-escalation and handling challenging situations
- Safe, legal techniques for real-world scenarios
- Evacuations, fire safety, and medical incidents
- Exam
- Close

## Additional Learning

- SIA Door Supervisor Top-up (Level 2)
- SIA Security Officer (Level 2)
- CCTV (Level 2)
- Close Protection (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)



## Course Objectives

- ❖ Develop the skills needed to work as a licenced door supervisor
- ❖ Gain knowledge of security procedures, conflict resolution, and physical intervention
- ❖ Understand legal responsibilities and how to handle emergency situations
- ❖ Enhance employability within the private security sector
- ❖ Ensure staff are fully trained and compliant with SIA regulations
- ❖ Improve security standards and customer safety at venues and events
- ❖ Minimise risks through effective conflict management and emergency response



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# SIA Door Supervisor (Top-up)

## Inclusive of EFA and ACT Certificates

This course is designed for existing licence holders who need to renew their SIA Door Supervisor Licence. This refresher course ensures that door supervisors remain up to date with the latest industry standards, legislation, and best practices. It also includes mandatory training in physical intervention and first aid to maintain compliance with SIA requirements.

**Level 2 | Eligibility:** 18+

**Duration:** 3 Days inclusive (2 Days without EFA) | **Method:** Classroom

**Cost:** £125

£75 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- SIA rules and industry best practices
- Modern risks and counterterrorism measures
- Emergency First Aid at Work (SIA requirement)
- De-escalation and communication skills
- Safe and lawful techniques review
- Fire safety, crowd control, and protocols
- Exam
- Close

## Additional Learning

- SIA Door Supervisor Top-up (Level 2)
- SIA Security Officer (Level 2)
- CCTV (Level 2)
- Close Protection (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Stay compliant with SIA regulations and maintain licence validity
- ❖ Refresh essential security skills, including conflict management and physical intervention
- ❖ Enhance emergency response knowledge, including first aid and terrorism awareness
- ❖ Improve career prospects by keeping up with industry best practices
- ❖ Ensure security staff remain fully trained and compliant with updated regulations
- ❖ Enhance safety standards and emergency preparedness within venues
- ❖ Reduce risks through ongoing training in conflict resolution and physical intervention



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# SIA Security Officer

## Inclusive of EFA and ACT Certificates

This course is designed for individuals looking to start or advance their career in the private security industry. This qualification is essential for those seeking to obtain an SIA Security Guard Licence, enabling them to work in a variety of roles, including retail security, corporate security, office buildings, and event security.

**Level 2 | Eligibility: 18+**

**Duration: 5 Days inclusive**

**Method: Classroom | Cost: £185**

£90 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- Responsibilities and professionalism
- SIA regulations and conduct standards
- Risk assessments and first aid
- Site security procedures
- Evacuations and reporting
- Identifying and responding to risks
- Exam
- Close

## Additional Learning

- SIA Door Supervisor (Level 2)
- SIA Security Officer Top-up (Level 2)
- CCTV (Level 2)
- Close Protection (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Develop essential skills for a security officer role
- ❖ Gain knowledge of security procedures, legal responsibilities, and emergency response
- ❖ Enhance communication and conflict resolution abilities
- ❖ Increase employability in the security industry
- ❖ Ensure staff are fully trained and SIA-compliant
- ❖ Improve site security and safety standards
- ❖ Reduce risks through effective incident management



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# SIA Security Officer (Top-up)

## Inclusive of EFA and ACT Certificates

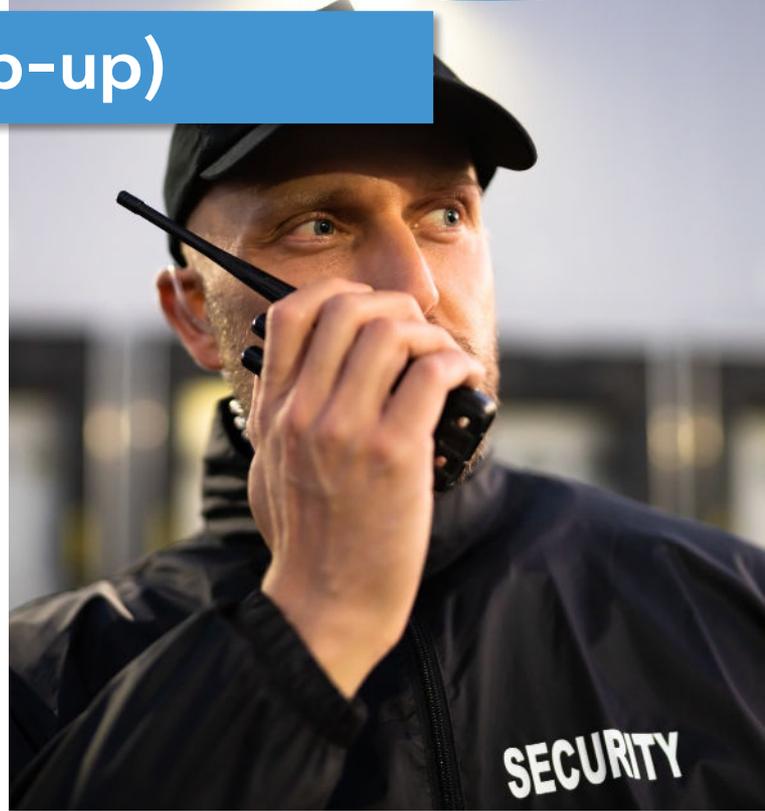
The SIA Security Officer Top-Up Course is designed for existing licence holders who need to renew their SIA Security Guard Licence. This refresher course ensures security professionals stay up to date with the latest industry standards, legal requirements, and best practices, maintaining their compliance and effectiveness in the role.

**Level 2 | Eligibility: 18+**

**Duration: 2 Days inclusive (1 Day without EFA) | Method: Classroom**

**Cost: £95**

£50 (non-refundable) deposit required with booking; remainder payable on course day



## Course Overview

- Welcome to Challenge-trg Group
- Updated security laws, SIA regulations, and responsibilities
- Modern risks and counterterrorism measures
- Mandatory training per SIA requirements
- De-escalation and communication skills
- Handling security breaches and emergencies
- Protocols for safety and crisis control
- Use of security equipment
- Exam
- Close

## Additional Learning

- SIA Door Supervisor (Level 2)
- SIA Door Supervisor Top-up (Level 2)
- CCTV (Level 2)
- Close Protection (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Stay compliant with SIA regulations and renew your licence
- ❖ Refresh essential skills in conflict resolution, emergency response, and first aid
- ❖ Maintain employability and career progression in the security industry
- ❖ Enhance confidence in handling security threats and incidents
- ❖ Ensure security staff remain fully trained and compliant
- ❖ Improve workplace safety and risk management
- ❖ Reduce liability through updated training in legal and emergency procedures



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# Fire Safety (Level 2)

This qualification is aimed at anyone involved in the management of fire safety who are based in any area where there is a potential risk of fire.

## Level 2

**Duration:** 1 Day | **Method:** Classroom

**Cost:** £48.50

£25 (non-refundable) deposit required with booking; remainder payable on course day

## Course Overview

- Welcome to Challenge-trg Group
- Introduction to Health & Safety at work
- Fires in the workplace
- Fire safety standards
- Protecting people and property
- Fire risk assessments
- Role of the fire warden
- Exam
- Close

## Additional Learning

- Health & Safety (Level 2)
- Risk Assessments (Level 2)
- Emergency First Aid (Level 3)
- First Aid at Work (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)



## Course Objectives

- ❖ Understand the hazards and risks associated with fire in the workplace
- ❖ Understand how fire risk is controlled in the workplace
- ❖ Understand the use of CPR/AED and when to apply these



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# Mental Health First Aid (Level 3)

The Mental Health First Aid Course equips individuals with the knowledge and skills to support colleagues and others experiencing mental health challenges. It helps participants recognise early signs of mental distress, provide initial support, and guide individuals toward appropriate professional help.

## Level 3

**Duration:** 0.5 – 1 Day

**Method:** Classroom / Onsite

**Cost:** £25pp + VAT (half-day)  
£50pp + VAT (full-day)



## Course Overview

- Welcome to Challenge-trg Group
- Importance of mental health in the workplace
- Legislation related to mental health support
- Common mental health conditions and their impact
- Effective ways to assist colleagues struggling with mental health challenges
- Strategies for self-care and resilience
- Encouraging open conversations and reducing stigma
- Exam
- Close

## Additional Learning

- Health & Safety (Level 2)
- First Aid at Work (Level 3)
- Paediatric First Aid (Level 3)

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Gain confidence in recognising and responding to mental health concerns
- ❖ Learn how to support colleagues in distress and guide them toward help
- ❖ Improve personal mental wellbeing through self-care techniques
- ❖ Develop essential skills that contribute to a positive and supportive workplace
- ❖ Promote mental health awareness and wellbeing in the workplace
- ❖ Ensure compliance with mental health legislation and duty of care responsibilities
- ❖ Reduce absenteeism and improve staff retention through proactive support
- ❖ Foster a culture of openness and reduce stigma around mental health issues



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# AiTT FLT Instructor Course

The AiTT FLT Instructor Course is designed for experienced forklift operators who want to advance their careers by becoming accredited instructors. This course equips learners with the skills and knowledge needed to train and assess forklift operators in line with AiTT and Accrediting Body Association (ABA) guidelines. Whether you're an individual looking to progress in your career or a business aiming to upskill staff for internal training, this course is a valuable addition to any learning and development strategy.

**Eligibility:** Min. 6 months of forklift operating experience and a valid operator qualification  
**Duration:** 10 Days (practical & theory)  
**Cost:** Contact for further information

## Course Overview

- Advanced forklift operation skills
- Workplace safety and legal compliance
- FLT instructor roles and responsibilities
- Effective classroom and practical teaching methods
- Training programme planning and delivery
- Real-world hands-on instructional experience
- Identifying and correcting operational errors
- Candidate assessment and evaluation techniques
- Theoretical and practical exams for AiTT accreditation

## Course Dates & Location

Various cohorts from 31<sup>st</sup> March to 21<sup>st</sup> November at our training centre in Nechells, Birmingham, or can be delivered onsite at your place of work.

## Get in Touch!

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)



## Course Objectives

- ❖ Gain expertise in delivering forklift training and assessing operators
- ❖ Improve career prospects with an advanced qualification in training and assessment
- ❖ Enhance leadership and instructional skills in workplace environments
- ❖ Train in-house instructors to deliver ABA-accredited forklift training
- ❖ Improve safety standards and compliance with industry regulations
- ❖ Reduce external training costs by developing internal training capabilities
- ❖ Ensure consistent and high-quality forklift operator training within the business

Successful candidates receive an AiTT Category 1 Instructor certificate and photo ID



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# Counterbalance / Reach

This course is aimed at novice operators who require formal training to be able to use a forklift truck safely and correctly - We provide suitable and sufficient understanding of current legislation, best practice and safe use of a forklift.

**Duration:** 3 to 5 Days based on trainee-instructor ratio

**Cost:** Contact for further information



## Course Overview

- Operating legislation/regulations
- Introduction to a lift truck
- Basic steering and stability
- Lifting operations
- Theory exam
- Maintenance of lift truck
- Practical operating skills test
- Close & Certification

## Course Delivery Location

We have a dedicated training centre in Nechells, Birmingham, or training can be delivered onsite at your place of work.

**Get in Touch!**

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Safe and efficient operation of a lift truck within the workplace
- ❖ Responsibilities under the Health and Safety at Work Act 1974
- ❖ Risks associated with lift truck
- ❖ Pre-use inspection, maintenance tasks and reporting procedures



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# Counterbalance / Reach (Refresher)

This course is aimed at existing operators who are formally trained to use a forklift truck who wish to reaffirm their skills - providing suitable and sufficient understanding of current relevant legislation, best practice and safe use of forklift trucks.

**Duration:** 1 Day refresher course

**Cost:** Contact for further information



## Course Overview

- Operating legislation/regulations
- Introduction to a lift truck
- Basic steering and stability
- Lifting operations
- Theory exam
- Maintenance of lift truck
- Practical operating skills test
- Close & Certification

## Course Delivery Location

We have a dedicated training centre in Nechells, Birmingham, or training can be delivered onsite at your place of work.

**Get in Touch!**

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Safe and efficient operation of a lift truck within the workplace
- ❖ Responsibilities under the Health and Safety at Work Act 1974
- ❖ Procedure for reporting defects and operational incidents
- ❖ Pre-use inspection, maintenance tasks and reporting procedures



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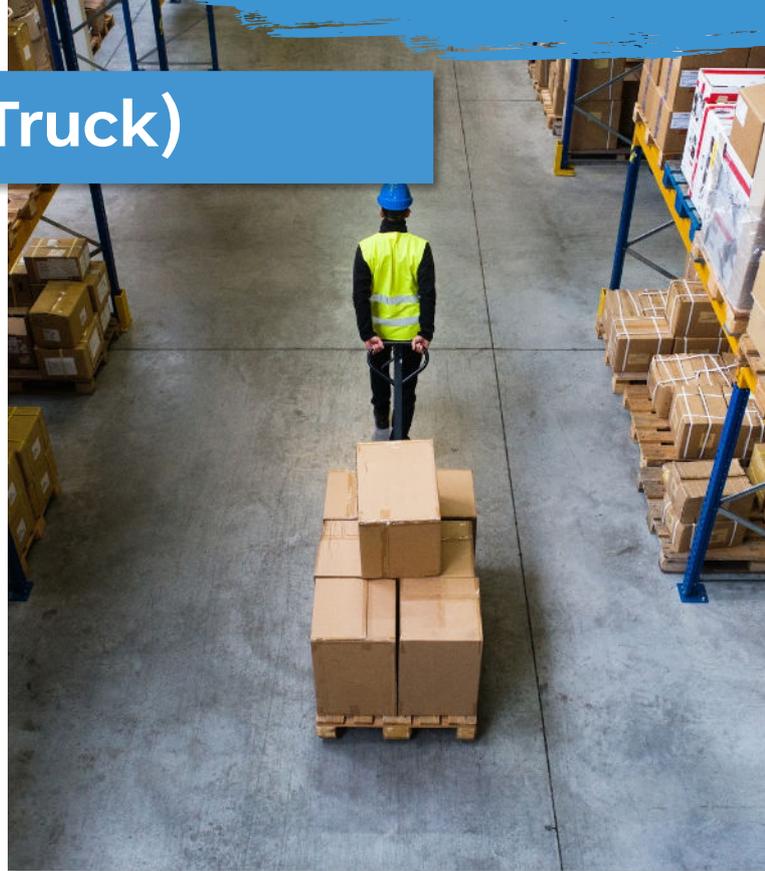


# PPT (Pedestrian Pallet Truck)

The objective of the qualification is to support a role in the workplace and is intended for learners already working in the capacity of supervisor, manager, team leaders or those who are preparing to start work at this level and gives them the knowledge of health and safety.

**Duration:** 1 Day based on trainee-instructor ratio

**Cost:** Contact for further information



## Course Overview

- Truck, features and functions
- Pre-operational checks, truck defaulting procedure
- Operational practice & methods
- Short classroom theoretical
- Operating skills & knowledge tests
- Close & Certification

## Course Delivery Location

We have a dedicated training centre in Nechells, Birmingham, or training can be delivered onsite at your place of work.

**Get in Touch!**

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Be able to operate the MHE in a safe and controlled manner
- ❖ Understand how to perform pre-operational checks
- ❖ Procedure for reporting defects and operational incidents
- ❖ Truck capacities and awareness of dangerous practices
- ❖ Pass basic operating skills & written knowledge tests



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# LLOP (Low Level Order Picker)

This course is a legal requirement for any operator using such equipment in the workplace. Generally conducted on site, assessment is made through a practical skills operating test and a basic written knowledge test.

**Duration:** 1 Day based on trainee-instructor ratio

**Cost:** Contact for further information



## Course Overview

- Truck features & functions
- Pre-operational checks, truck defaulting procedure
- Operational practice, various operating methods
- Short classroom theoretical
- Practical operating skills & knowledge tests
- Close & Certification

## Course Delivery Location

We have a dedicated training centre in Nechells, Birmingham, or training can be delivered onsite at your place of work.

**Get in Touch!**

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Be able to operate the truck in a safe and controlled manner
- ❖ Understand how to perform pre-operational checks
- ❖ Reporting defects and operational incidents
- ❖ Understand truck capacities/awareness of dangerous practices
- ❖ Pass basic operating skills & written knowledge tests



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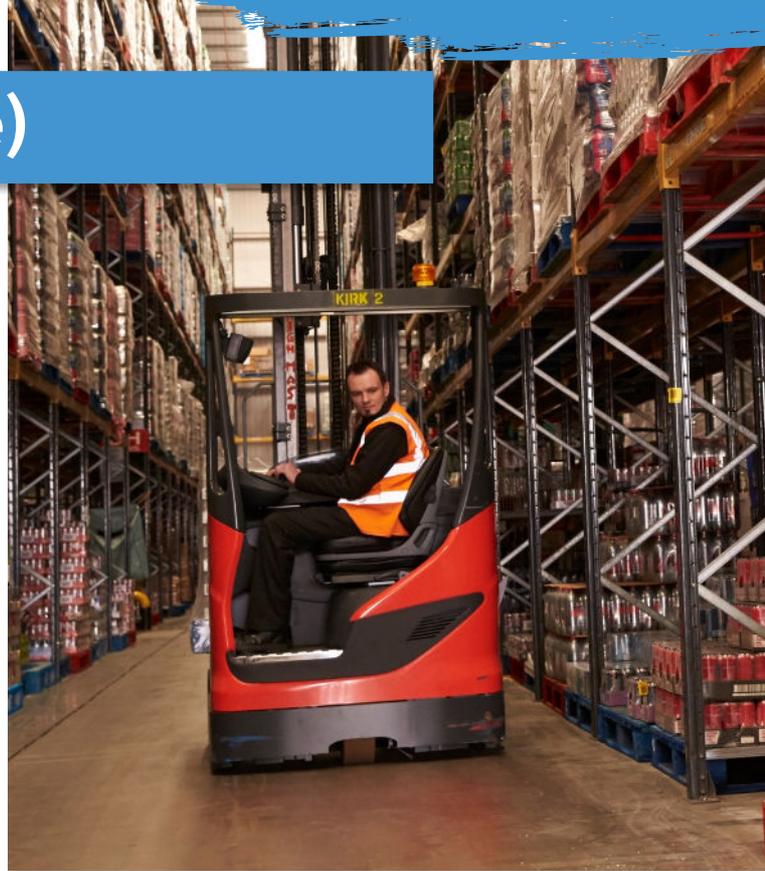


# VNA (Very Narrow Aisle)

The VNA (Very Narrow Aisle) Truck Training Course is designed for individuals who operate or plan to operate VNA forklift trucks in warehouse and logistics environments. This course provides essential skills and knowledge to ensure the safe and efficient handling of goods in narrow aisle spaces, improving productivity and workplace safety.

**Duration:** 3 to 5 Days based on trainee-instructor ratio

**Cost:** Contact for further information



## Course Overview

- Purpose, types, and functions of VNA forklifts
- Legal requirements and industry best practices for safe operation
- Conduct checks to ensure equipment safety
- Developing skills to manoeuvre safely in narrow aisles
- Learning correct procedures for stacking, de-stacking, and transporting loads
- Protocols for breakdowns, accidents, and hazardous situations
- Practical evaluations and theory tests
- Close & Certification

## Course Delivery Location

We have a dedicated training centre in Nechells, Birmingham, or training can be delivered onsite at your place of work.

**Get in Touch!**

✉ Email us: [engagement@peopleplus.co.uk](mailto:engagement@peopleplus.co.uk)

## Course Objectives

- ❖ Gain essential skills to safely and efficiently operate VNA forklifts
- ❖ Improve confidence in handling loads within tight warehouse spaces
- ❖ Learn best practices for workplace safety and equipment maintenance
- ❖ Enhance employability and career prospects in warehouse and logistics roles
- ❖ Ensure compliance with industry safety standards and legal requirements
- ❖ Improve warehouse efficiency by reducing damage and increasing precision handling
- ❖ Minimise workplace accidents through proper training and risk awareness
- ❖ Boost productivity with skilled and certified VNA truck operators



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